

➤ **SIXTH SENSE: USE IT TO FIND OUT ANIMALS' HEALTH PROBLEMS**

TALKING TO THE ANIMALS

by **GEORGE DRYDEN**

It's common sense that, for career success, you should look for a job where you can apply your natural ability, whatever that may be.

That applies whether it is a knack for organisation, a flair for design, or an affiliation with people.

But what if your talents are less conventional and don't apply to the average 9-5 job?

That's a situation in which animal communicator Ginny Patterson found herself after ill health forced her to leave her job as an inspector and registration officer for Northamptonshire's residential homes.

Doctors warned that the virus which had affected her central nervous system would eventually leave her wheelchair-bound.

Determined to defy the diagnosis, Ginny began self-healing using the Reiki technique, and, after 18 months, says she was strong enough to get rid of the wheelchair.

The illness proved a remarkable turning point in her life and she began using talents she had been aware of from an early age, but had never really used – clairvoyancy, psychic ability and animal communication.

As one of only a handful of animal communicators in the country, Ginny's work takes her all over the UK, diagnosing emotional and physical problems in animals as diverse as Chinese water dragons and snakes, to sheep, cats and horses.

ENERGY FIELDS

"It's something I'd always been able to do since being a little girl", said the mum-of-two, from Desborough. "From a young age, I could also see auras and energy fields around them and was able to interpret the different colours of these, which meant I knew when people's animals were sick before the owners told me.

"It was only when I became seriously ill that I noticed a dramatic change in my sensitivity, although I didn't start using it to help people until about three years ago.

"I was at a lady's house who I had done a psychic reading for. Her dog was sat in the corner of the room all night and just would not stop staring at me.

"Every time I looked at him, he was just staring back at me. When I'd done the reading, I picked up my bag to go, and I heard this voice which said 'my mum feeds me toasted Marmite soldiers every morning and gives me milky tea in a yellow plastic bowl'.

"I told his owner this and she just looked at me, completely shocked. 'How on earth did you know that?' she said, reaching into a cupboard and picking up a yellow plastic bowl."

Not surprisingly, people began to talk about Ginny's ability, and it wasn't long before animal lovers were queuing up to find



out more about their pets.

For every non-believer, there are vets and managers of animal sanctuaries and rescue homes willing to put their trust in Ginny time after time, calling for her assistance in cases of trauma and abuse in particular.

By psychically connecting with the animal, Ginny says she can tell where an animal may be injured, by actually feeling the physical sensations in her own body.

Ginny's fastest-growing client base originates from the equestrian set, with horse owners needing help with pin-pointing ailments and strange behavioural patterns.

"My shoulders would be its withers, my left arm its front left leg, and my neck, head back, hips and pelvis would be the same."

"Everyone has the ability to communicate psychically with animals."

Ginny Patterson

"Everyone has the ability to communicate psychically with animals," says Ginny. "You just have to remember that we have six senses, not five.

"Like any living thing, thought patterns have their own energy field. Animals' thought frequencies are on a different level to ours, and what I do is all about tuning into theirs.

"Sometimes, it's quite difficult to establish which animal is calling for my attention," she adds.

"Not only do they tell you the parts of their body which are injured, but they tell you things about their past and about their owners.

"I had gone to a stables to see a horse belonging to a young girl, and while I was with the horse, it communicated to me that its owner was very stressed, having only three days left to complete her university dissertation.

"The horse said he was worried about her, because she had writers' block and was getting more and more worried."

Once again, Ginny's story was met with awe-inspired silence, followed by confirmation of every last detail, (although she says the horse communicated the music to her in sound and

What it takes to be an animal communicator...

GINNY'S animal communication qualifications include:

- Reiki master and teacher and Equine Reiki practitioner
- Diploma in animal vibrational energy healing, done as a distance learning course run by Stonebridge (www.stonebridge.uk.com)
- Ginny is currently studying animal acupuncture

She works with Maxicare dog's home, in Gretton, as well as Wood Green Animal Shelter, in Grendon, Northamptonshire, and has lectured at St Albans Equine College

Ginny also offers workshops in animal Reiki and intuitive communication, plus equine Reiki and intuitive communication.

For more details, log onto:

www.hearme-healme.co.uk



COMMUNICATION: Ginny Patterson works to find out what is wrong with a horse

didn't know the name of the artist!)

"The hardest thing about this job is when you visit an animal that has been abused.

She is a regular at Maxicare, a dog re-homing centre, in Grendon, Northamptonshire, where her help has proved invaluable

to manager and trustee Angie Marriott.

Angie said: "Ginny has a wonderful gift and can tell us things such as whether the dog previously lived in a house with children, whether it was with other dogs before and so on. She's very committed and I feel she understand what the animals tell her."

"The job satisfaction is phenomenal," says Ginny, who charges £25 for cats, dogs and smaller animals per session, and £45 for larger animals, such as horses. "The session may take an hour, or it may take several," she says. "It all depends on the animal and its situation.

"It's important to stress that what I do is in no way a replacement for medical treatment or advice," says Ginny. "I can just help to pinpoint problems and give people a starting point."

Ways to stop siesta syndrome

FIRMS have been urged to encourage their staff to take regular breaks and eat healthily after new research showed that three out of four workers admitted they suffered from "siesta syndrome" by being less productive in the afternoon.

Tiredness, boredom and hunger were the main reasons given by employees for producing less work after 2pm, with the problem costing firms millions of pounds.

A survey of 1,000 people by workplace catering firm Avenance showed that productivity peaked at noon before suffering an "alarming" drop in the afternoon.

More than half of those questioned admitted they made mistakes in the afternoon.

Mike Audis, chief executive of Avenance, said: "Not only has our research shown that workers are significantly less productive during the afternoon but the majority admit to making mistakes.

"Less work and costly errors means the UK siesta syndrome is having a devastating impact on a company's bottom line and its reputation.

"Many companies already subsidise gym membership to improve the well being of their workforce but there are some other, simple steps employers should consider.

"These include encouraging staff to take a morning, lunch and afternoon break and eating healthy, well-balanced food throughout the day."

Job spot

Derive happiness in oneself from a good day's work, from illuminating the fog that surrounds us.

Henri Matisse, Painter

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